

CHC51015 Diploma of Counselling

CHC51015 DIPLOMA OF COUNSELLING



HOLISTIC HEALTH
ASSOCIATES INT.



**CERTIFIED
PRACTISING
COUNSELLORS
AUSTRALIA**



**APPROVED
TRAINING PROVIDER**
INTERNATIONAL INSTITUTE FOR
COMPLEMENTARY THERAPISTS

COURSE DETAILS

COURSE NAME AND NATIONAL CODE

CHC51015 Diploma of Counselling

WHO SHOULD STUDY THIS COURSE?

Our ACA-recognised diploma will equip you with the tools and qualifications to help you fulfil your desire to assist people with the daily challenges of living as a highly trained, skilled and safe counsellor.

These may include:

- Individuals wishing to change careers or enter into a new career as an employed counsellor or similar role.
- Existing workers who may hold other qualifications or desire their own flexible business.
- Existing therapists, medical practitioners and allied health workers who seek additional skill sets
- Anyone who wants to help create a positive change and work in a field where life experience is valued.
- Anyone who desires a career with purpose and wants to acquire world-class counselling skills.
- Anyone who has life experience and wants to be effective now and help people in a range of life situations.
- Anyone who wants to study and NOT have to complete work placement.

COURSE DURATION AND COMMITMENT

- You have up to 12-24 months from the date of enrolment to complete the diploma.
- 17 units of eLearning + 12 Live topical 2 hour masterclass sessions
- An average of up to 15 hours a week commitment will help you complete this course.

SELECTION CRITERIA (PRE-REQUISITES)

- An Australian year 12 certificate of education (or equivalent) and be at least 21 years of age or
- a Certificate IV qualification (or above) that was delivered as a part of the AQF (Australian Qualification Framework) that can be verified by the issuing organisation or the USI (unique student identifier) transcript and be at least 21 years of age or
- You complete the Core Skills Profile for Adults online assessment passing at or above Exit Level 3 in the Australian Core Skills Framework in both reading and numeracy. IAP must also reasonably believe that the student displays that competence.

DELIVERY MODE & STRUCTURE

- This course is delivered online to students across Australia and the globe. Training will be delivered online using interactive platforms and utilities (Zoom).
- This course is self-paced. Students will be required to complete activities in their own time and will be required to manage their own study.
- Combination - Training will be delivered using a combination of methods, including additional online webinars, study and assessment support sessions and practical webinars for the clinical hypnosis specialisation.

ASSESSMENT METHOD

Different units will require the completion of different assessments across the course. These include:

- Knowledge tests
- Presentations
- Case studies
- Reflections
- Role plays
- Third party reports

NOTE: MANDATORY ASSESSMENT REQUIREMENT

For the performance assessments in the following units, students **MUST** have their mock clients physically present in the room during the recorded assessment session. This is a non-negotiable ASQA requirement.

- CHCCSL001 Establish and maintain the counselling relationship
- CHCCSL002 Apply specialist interpersonal and counselling interview skills
- CHCCSL003 Facilitate the counselling relationship and process
- CHCCSL004 Research and apply personality and development theories
- CHCCSL005 Apply learning theories in counselling
- CHCCSL006 Select and use counselling therapies

If you are unable to arrange for mock clients to be physically present with you during your assessment recordings, you should **NOT** enrol in this course. Remote or virtual participation by mock clients is not acceptable.

RECOGNITION OF PRIOR LEARNING (RPL) and Credit Transfer.

All individual students are offered the opportunity to apply for RPL or Credit Transfer (CT). Please see the Student Handbook or inquire at the RTO for the procedure on how to apply.

COURSE INCLUSIONS & EXTRAS

When you join IAP, you join a community of like-minded peers and receive the highest quality of live student support. We offer you the following:

- 12 live and interactive topical masterclasses
- Monthly 3 hour practice group sessions online
- Regular study support groups
- Phone and email student support access and support
- IAP Knowledge Base
- Monthly playdates (practice sessions)
- Access to your Assessor and Facilitator
- Student community networking engagement platform.

CERTIFICATION & WHAT YOU CAN DO WITH THIS QUALIFICATION

Upon graduation of this course you will:

- Receive the national qualification, CHC51015 Diploma of Counselling from the Institute of Applied Psychology, and be able to apply for ACA practicing membership and practice as a counsellor. Please note that any specialisation chosen at enrolment will appear on your certificate.
- Be able to seek employment as a Counsellor, Support Counsellor, Case Worker or Manager, similar roles, or work towards to your own clinic
- Enter an AQF Level 8 CHC81015 Graduate Diploma of Relationship Counselling with IAP direct with 11 units to complete for under \$15,000.
- Apply for RPL to other related higher education (bachelors) courses that are government accredited at universities or colleges normally up to 6 units or 1 year of a related bachelor's program.

COURSE RECOGNITION & ASSOCIATIONS

This exclusive course is recognised by at least the following associations:

- The Australian Counselling Association (ACA)
- International Strategic Psychotherapists Association (ISPA)
- Australian Community Counselling Association (ACCA)
- International Institute of Complementary Therapies (IICT)
- Certified Practising Counsellors Australia (CPCA)
- International Association for Counselling (IAC)

CHC51015

DIPLOMA OF COUNSELLING

JOIN A GROWING INDUSTRY & HELP CHANGE LIVES

WHY STUDY THIS COURSE?

This nationally recognised qualification provides the skills and knowledge you will need to be job ready and work as a Counsellor, particularly within the aged and community or home care sectors and as a school counsellors.

You will develop the skills to counsel clients, their family, and your staff through grief and loss, major life changes and counsel staff within the performance management processes.

Students can attend on-line virtual workshops offered throughout the course, which provide the opportunity to put skills into practice and be formally facilitated and mentored by our counselling experts.

Our course includes 10 facilitated Online topical sessions that will be held across the course to provide practical application of your skills and knowledge.

Students will be provided with information about available workshops during their training. Attending these Online workshops either live or by watching the recordings is compulsory.

The course is especially suited as an adjunct form of therapy used with other forms of psychological or counselling treatments.

Our course includes 12 live facilitated online topical Masterclasses that will be held across the course to provide practical application of your skills and knowledge.

These inclusive Masterclasses are designed to provide you with the highest level of real-world practical experience and additional areas of counselling that are exclusive to IAP.

Attending or watching the recordings of these Online masterclasses is compulsory.

12 INCLUDED LIVE & INTERACTIVE MASTERCLASSES

1. Micro-skills including active listening
2. Understanding suicidal ideations and self harming behaviors
3. Cognitive behavioural therapy (CBT)
4. Solution focused brief therapy
5. Motivational interviewing
6. Spiel, engagement and concern
7. Domestic and family violence (DFV)
8. General reporting and documentation, including child protection
9. Self-care for counsellors
10. Professional self
11. Crisis intervention and de-escalation
12. Online and outdoor counselling

Start a new career in a growing field with a predicted growth rate of 15.1% by 2028.

ABOUT THIS COURSE

Expected Learning Outcomes

By the end of the course, you will be a qualified Counsellor.

Specific Competencies you will be Awarded (17 units in total)

To be awarded CHC51015 Diploma of Counselling, students must successfully complete a total of 17 units of competency, comprising 13 core units and four (4) elective units.

Total number of units = 17

4 elective units, consisting of:

- 4 electives from the CHC electives listed below,

OR
- If the student is completing the Clinical Hypnosis Specialisation, all 4 DCHHYP units must be completed as electives
- To complete the Diploma with the Clinical Hypnosis specialisation, students MUST do all the DCHHYP units as the elective units (*).
- If the student selects the Mental Health Specialisation or the Grief and Loss Specialisation, this will appear on the Diploma.

PLEASE NOTE:

The RTO reserves the right to change the units within this training as required.

Please refer to the Enrolment Form, for the terms and conditions of enrolment, which includes:

Enrolment and Selection; Training Guarantee; Course Fees, Payments and Refunds; Course Fees paid in Advance; Recognition of Prior Learning (RPL) or Credit Transfer.

Assessment Description

Short answer or short essay. This may be written, or oral.

Oral presentations may be made to an audience via video.

Case studies are analyses of a questions, events, decisions, periods, projects, policies, institutions or other systems that are studied holistically by one or more methods.

A reflection provides information about something that has happened. It is usually done in the candidates own time.

Role play assessments (performance assessments) through direct, indirect, supplementary observation by the trainer or assessor in a simulated workplace environment.

You will need to record yourself with a mock client, and submit your recordings for assessment.

PLEASE NOTE: Some units will require you to be physically in the same room as your mock client to satisfy the requirements of the assessment.

CAREER PATHWAYS

Counsellor/Support Counsellor

Counsellors provide information on vocational, relationship, social and educational difficulties and issues, and work with people to help them to identify and define their emotional issues through therapies such as CBT, IPT and other talking therapies.

Case Manager/Case Worker

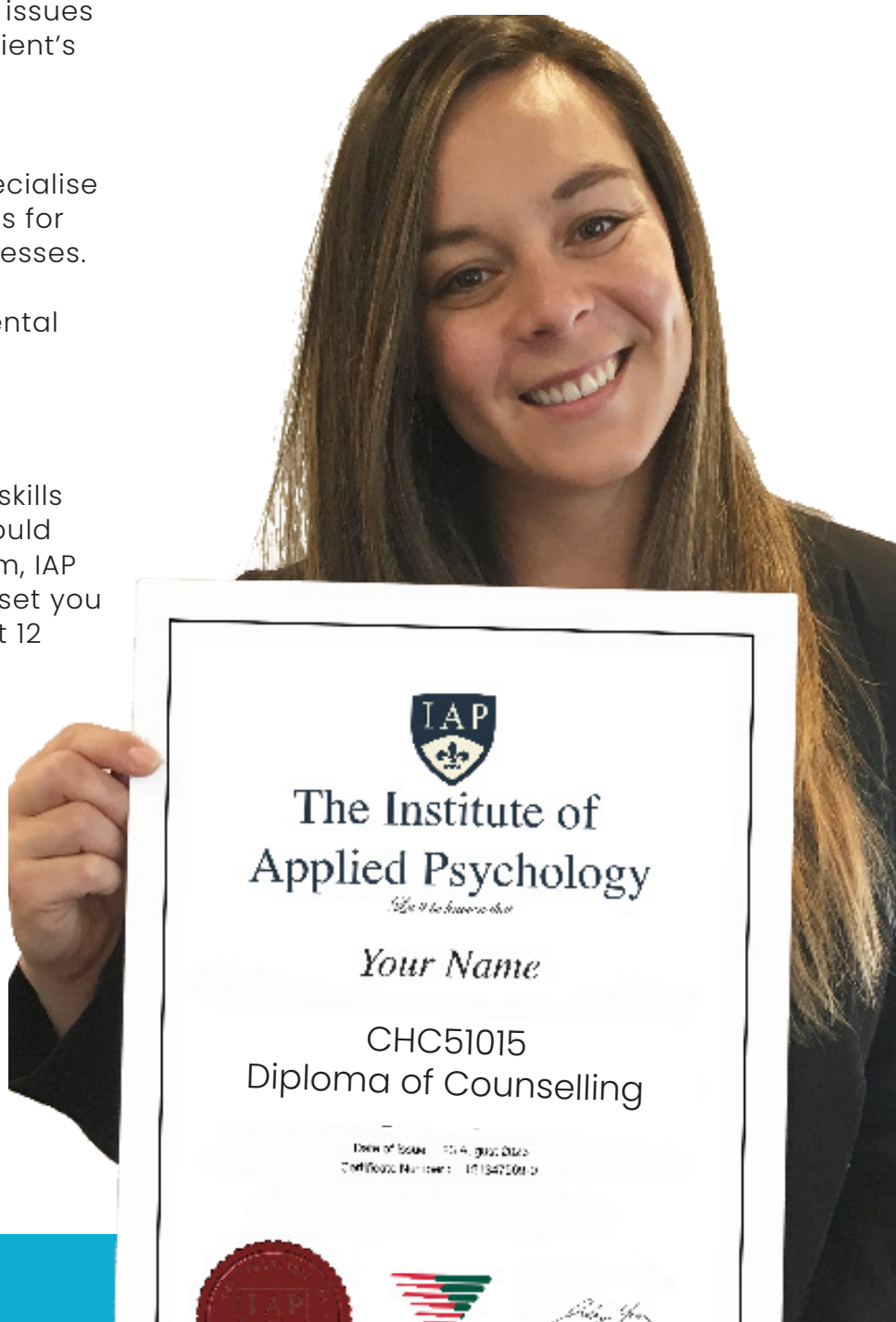
Case Managers are responsible for assisting clients to solve complex issues with the aim of enhancing their client's quality of life.

Case Coordinator

Healthcare case coordinators specialise in arranging and securing services for people with acute or terminal illnesses. Some work with people who have substance abuse problems or mental health disorders.

Own private practice

Pending your background and qualifications, you could add the skills to your existing practice or you could start your own. As a bare minimum, IAP recommends supervision to help set you up for success for at least the first 12 months.



COURSE OUTLINE

CHC51015 Diploma of Counselling Course Outline

Core Units

- **CHCDIV002** Promote Aboriginal and/or Torres Strait Islander cultural safety
- **CHCLEG001** Work legally and ethically
- **CHCPRP003** Reflect on and improve own professional practice
- **CHCCCS019** Recognise and respond to crisis situations
- **CHCCSL001** Establish and confirm the counselling relationship
- **CHCCSL002** Apply specialist interpersonal and counselling interview skills
- **CHCCSL003** Facilitate the counselling relationship and process
- **CHCCSL004** Research and apply personality and development theories
- **CHCCSL005** Apply learning theories in counselling
- **CHCCSL006** Select and use counselling therapies
- **CHCCSL007** Support counselling clients in decision-making processes
- **CHCCSM005** Develop, facilitate and review all aspects of case management
- **CHCDIV001** Work with diverse people

**Study a course where more than
84% of students are satisfied
with their studies and more than
64% have developed in their
role or gained new employment
upon graduating.**

Statistics are from Labour Insights 2024.

ELECTIVE UNITS

The choice is yours to make...

Choose your electives:

4 elective units, consisting of either:

- 4 electives from the CHC electives listed below OR choose a specialisation in Mental Health OR Grief and Loss OR Clinical Hypnosis.
- If the student is completing the Clinical Hypnosis Specialisation, all 4 DCHHYP units below must be completed as electives. (*Additional costs apply)
- If you would like to choose a specialisation to replace the standard electives, you can do so from one of the 3 listed specialisations. Please note that you will choose the whole block of 4 units.

Standard Course Electives

Choose 4

- **CHCCCS014** Provide brief interventions
- **CHCCCS017** Provide loss and grief support
- **CHCMHS001** Work with people with mental health issues
- **CHCCCS003** Increase the safety of individuals at risk of suicide DCHHYP501 Work within a clinical hypnosis framework
- **CHCFAM003** Support people to improve relationships

Grief and Loss Specialisation

- **CHCCCS017** Provide loss and grief support
- **CHCCCS018** Provide suicide bereavement support
- **CHCCCS003** Increase the safety of individuals at risk of suicide
- **CHCMHS007** Work effectively in trauma informed care

Mental Health Specialisation

- **CHCMHS001** Work with people with mental health issues
- **CHCMHS005** Provide services to people with co-existing mental health and alcohol and other drugs issues
- **CHCMHS007** Work effectively in trauma informed care
- **CHCMHS011** Assess and promote social, emotional and physical wellbeing

Clinical Hypnosis Specialisation

(*Additional costs apply)

- **NAT11271001** Work within a clinical hypnosis framework*
- **NAT11271002** Prepare for clinical hypnosis session*
- **NAT11271003** Prepare for clinical session*
- **NAT11271004** Monitor and evaluate clinical hypnosis interventions*

*Additional fees are payable if the Clinical Hypnosis specialisation electives are chosen, due to the units costing more than CHC units, and the need to attend 4 days of practical sessions (please see pricing below). *Students choosing the Clinical Hypnosis specialisation will need to attend a 4 day Clinical Hypnosis

Practical Workshop (synchronous, face to face via Zoom).

WHAT OTHERS SAY



Dr Lisa Phillips-Leece Clinical Psychologist



"I was so impressed with the school's professionalism, educational approach and passion for what they teach. Gordon is a charismatic trainer and the opportunity to train with the world's best was hard to pass up."

Joanne Swan



"I have completed three courses so far with IAP. They have been transformational to my personal development and my business. The support team are incredibly supportive and efficient. The materials are thorough, they reinforce learning and retention of information. I highly recommend IAP."

Cassandra Mason Jones



"I enrolled in Dip of Counselling in April 2023, so far I have found this course to be an excellent intro to a new field for me. Our tutors are second to none and student support is first rate too, all staff are very responsive and supportive. The added bonus of a student portal to bring everyone together is helpful for meeting up and practising skills together or just getting an opinion or advice from fellow students. This has proved invaluable so far. I would not hesitate to recommend this institute. Powerful and enjoyable."

Kerry Timeus



"Despite the virtual format, it was engaging, interactive, and informative. The instructor was extremely knowledgeable, and the content was well-structured and relevant. The use of multimedia, practical exercises, and real-world examples kept me engaged throughout. The course exceeded my expectations and provided me with valuable skills and insights."

Aaeshia Mukerji



"What a impactful course! The fact that I am, and have been already applying everything we have learnt is a testimonial to Gordon and this course. It is applicable to all areas of life including business, coaching, leadership and relationships. This course is taught with so much depth and integrity hence giving added value to the certification itself. And by the way, what we learned really works. Quality all the way."

Than Miller



"If you are considering completing training in NLP I cannot recommend this college enough. Gordon Young has such extensive knowledge in mindset coaching - he has trained with the best in the world and curated a course that has drawn on so many experts. The IAP delivery is comprehensive, complete and effective. I have returned to the college three times now to continue to learn the methods taught at this college. I can't imagine a greater endorsement for what you can take away from studying with IAP."

Pearl Sims



"Great course. Really supportive teachers and well structured. The support team are also fantastic and respond quickly for an online course as well that is really great. Lots of resources and post course support."

Gerard Mccann



"This very practical course equips you with many useful tools for helping clients to overcome limiting beliefs, tackle negative emotions, and understand how one's thought impact one's life."

ABOUT IAP

The Institute of Applied Psychology (IAP) is a leading educational institute delivering contemporary and world-class training in the field of applied psychology, business and leadership. (both accredited and non-accredited).

As one of Australia's best Registered Training Organisations (RTO), our accredited world-class courses are governed and audited by the Australian Skills Quality Agency (ASQA). This ensures high quality and robust training standards.

IAP's faculty consists of education experts and industry-leading, highly experienced business professionals and clinical practitioners.

IAP's research-supported training approach to education uses cutting-edge technology and applied methodologies; that ensures our students are able to apply their learnings in the real world from day one.

As an educational institution, IAP contributes to research and learning through our many affiliations including:

- The Australian Counselling Association (ACA)
- The International NLP Association (INA)
- The General Hypnotherapy Standards Council (UK)
- The International Strategic Psychotherapy Association (ISPA)
- Australian Hypnotherapy Association (AHA)
- Australian Clinical Hypnotherapist Council (ACHA)
- Psychotherapy and Counselling Federation of Australia (PACFA) (Affiliate educational member)

WHY TRAIN WITH IAP?

Learn the most advanced techniques from internationally recognised experts in the field

Your facilitators are the best in the country, and some would say amongst the best in the world. Some of our trainers are published authors, and their contributions to the fields of Psychotherapy and Hypnosis have made them internationally recognised figures in the field. In some cases, American psychologists have received OPD points when listening to their Online Lectures.

When you train with IAP you are giving yourself more than a qualification, you are giving yourself the best possible chance to create a successful career.

Cost effectiveness – get your career off to a flying start.

Our students consider our courses to be excellent value.

Fast track your training

IAP provides the most thorough and intensive training in the field. As a student, if you do what it takes to learn this process, you can expect to be a qualified and competent counsellor on completion of our course.

AWARD WINNING INSTITUTE FOR TRAINING

The Institute of Applied Psychology (IAP) is an award-winning industry leading educational institute.

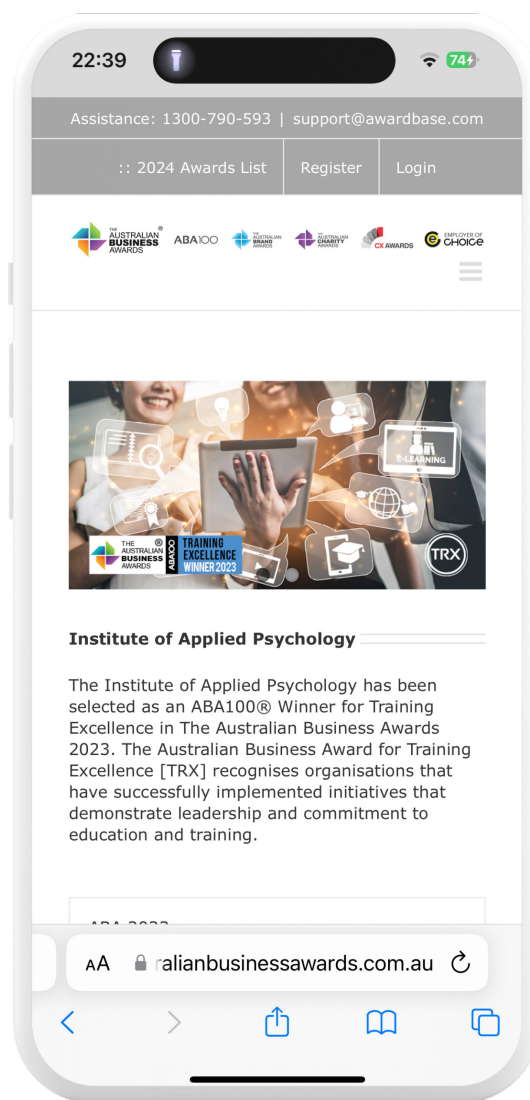
The Institute of Applied Psychology (IAP) was founded in 2003 by Gordon and Barbara Young and became a Registered Training Organisation in 2012.

During this period, over 10,000 students have graduated from a range of IAP courses in applied psychology: Clinical Hypnotherapy, Counselling, Mental Health, Neuro-Linguistic Programming, and Strategic Psychotherapy.

IAP students are mainly practising mental health professionals – including mindset coaches, counsellors, psychologists, psychiatrists, hypnotherapists and psychotherapists – and career changers looking to start their counselling practices. Collectively, they contribute to improving the mental health of the clientele they serve, their families and wider communities, advancing societal well-being and mitigating anxiety and depression disorder.

As reported by the University of Queensland in a 2021 report addressing soaring depression and anxiety disorder rates, Australians, young and old, have experienced enormous mental health deterioration during the COVID-19 pandemic. The full effects of isolation and associated trauma on individuals, families, and the wider community are only recently beginning to be understood.

Since COVID-19, IAP has extended its course offerings to address the mental health epidemic. IAP has also pivoted to an on-demand, online delivery mode so that practitioners across Australia (and worldwide) can access its courses and combine study with work and family life. IAP's student body now includes students from every state and territory and from across Asia, Europe, the Middle East and North America. Demonstrating further how its ethos is to go "above and beyond", IAP offers continuing learning and career support to IAP graduates with complimentary resources, including the IAP Learning Annex and the Find a Practitioner directory. IAP has committed itself to making an impact on over 10 million lives in the next ten years.



COURSE TRAINERS

Meet Our Expert Facilitators

With over 100 years of collective experience, our facilitators bring a wealth of expertise in counselling, mental health and business across the Vocational Education and Training (VET) sectors. Our team comprises seasoned professionals in counselling, mental health, and applied psychology, including experienced facilitators, former university lecturers, and active practitioners.

Our facilitators are not just instructors; they are mentors who excel in guiding students through their courses, helping them achieve their qualifications through both theoretical learning and practical real-world applications. This approach ensures that you become a confident and safe counsellor.

Their extensive and diverse experience guarantees a comprehensive and empathetic approach to both personal and professional growth, always delivered with a personal touch.

Each facilitator runs their own successful practice and is dedicated to training safe, competent counselors to meet the growing demands of the mental health field, making a meaningful impact in the world.

Their Qualifications Include:

- Diploma of Counselling
- Graduate Diploma of Relationship Counselling
- Bachelors of Counselling
- Master of Education
- Graduate Diploma in Management
- A range of VET qualifications in Business and Leadership
- Master Practitioner of Neuro-Linguistic Programming (NLP)
- Diploma of Clinical Hypnosis and Strategic Psychotherapy

Accreditation

As a Registered Training Organisation (RTO#70206) delivering Government Accredited training, our trainers go through a stringent auditing process that non RTO training providers are not subjected to.

Our government accredited CHC51015 Diploma of Counselling is recognised under the Australian Quality Framework and is a national qualification

The CHC51015 Diploma of Counselling also enjoys industry recognition and is approved by the Australian Counselling Association (ACA).

WHY YOU'LL LOVE IAP



Government
Accreditation



Award Winning
Institute



Cutting-edge
Techniques



Flexible Study
Options



Evidence-supported
Techniques



Engaged Student
Community



Student
Support



Global
Links

WHAT IS YOUR INVESTMENT?

Our world-class course focusses on **real-world practical skills** and equipping you to be the best counsellor that you want to be. We offer unprecedented **astonishing support and value**. We know this is a **significant investment in your future**, and we want to ensure we can do all that we can to make you successful.

STANDARD COURSE FEES

CHC51015 Diploma of Counselling – Standard pricing

- 1) Upfront ALL INCLUSIVE Payment – \$6,998
- 2) Payment plan option – \$6,998

We understand that not everyone has the ready cash to invest in a career change. This is why we have options of up to 24 months interest-free options and other options of up to 5 years payment plans (they include interest) to suit different personal circumstances.

CHC51015 Diploma of Counselling (Clinical Hypnosis Specialisation)

- 1) Upfront ALL INCLUSIVE Payment – \$11,798
- 2) Payment Plan Option \$11,798

**Call and connect with a dedicated Course
Advisor on 1300 915 497
or email support@iap.edu.au
and discover our current course promotions for
course pricing that may be different
to our standard
and discuss how IAP can help
create your future.**

PLEASE NOTE:

- VET Student Loans and VET FEE-HELP grants are not available for this course.
- Payment plans are arranged through third party providers such as EzyPay.

*Fees are current at time of printing

*Fees are subject to change

*Full Terms and Conditions can be downloaded from iap.edu.au

*Student Handbook can be downloaded from iap.edu.au

*Pre-Paid fees paid by students are protected under clause 7.3 of the Standards for RTOs 2015 through a Bank



Call 1300 915 497

Visit IAP.EDU.AU

Email support@iap.edu.au



RTO Identification #70206

iap.edu.au